The 18th Biennial Congress of the European Society of Endodontology (ESE) took place from 14 to 16 September at SQUARE—Brussels Meeting Centre. This year’s meeting was hosted by the Belgian Association for Endodontology and Traumatology and the Flemish Society for Endodontology. According to the organisers, over 2,000 endodontic specialists from all over the world participated in the event.

Held under the theme “Rooted in the heart of Europe”, the congress was aimed at the entire dental team. The scientific programme included four parallel sessions with lectures by world-leading speakers covering many different fields of dentistry, as well as poster presentations in various categories. Highlights were papers on endodontic biofilm; new treatment techniques, such as the preservation of the pulp tissue; root canal disinfection; and age- and general health-related topics. The event was preceded by pre-congress workshops hosted by the congress sponsors, in which a range of topics, such as shaping canals, ideal root
canal therapy and laser-activated irrigation, were addressed.

According to head of the local organising committee Prof. Roeland de Moor, the committee tried to design a programme in which there were speakers addressing a wide range of fields and updating attendees on the pertinent topics regarding recent research, developments and new technologies. He particularly highlighted papers on endodontics in paediatric dentistry. “There are a number of speakers focusing on young patients and their problems, not just root canal therapy alone,” he said during the event.

A trade exhibition, spanning a space of about 2,000 m², was held parallel to the scientific programme and displayed the latest equipment, instruments and materials for use in endodontics. Among the main sponsors were Dentsply Sirona (diamond), VDW (gold) and KaVo Kerr (silver).

Established in 1983, the European Society of Endodontontology was formed to enhance the development of endodontology for the benefit of patients, endodontists and general dentists and to represent the specialty throughout Europe. Today, the society represents more than 6000 ordinary and over 230 certified members from 34 member societies and 31 European countries.

The ESE traditionally holds its congresses every other year in one of the countries represented by its full-member societies. The next ESE Biennial Congress will take place in Vienna in Austria from 12 to 14 September 2019.